



# GETTING READY FOR SUMMER CAMP



*Adventure!*



*Awesome!*



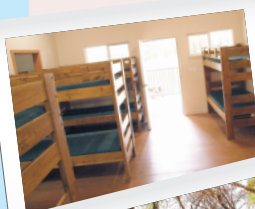
*Inspiration*

## A TYPICAL DAY

7:30 AM Rise & Shine  
8:15 AM Flag Raising  
8:30 AM Breakfast  
9:30 AM Chapel  
10:30 AM Cabin Clean-Up  
11:15 AM Daily Activity  
12:30 PM Lunch  
1:30 PM Elective Activity  
2:00 PM Cabin Group Time  
3:00 PM Snack  
3:15 PM Free Choice Time  
4:45 PM Evening Wash Up  
5:15 PM Flag Lowering  
5:30 PM Dinner  
6:15 PM Recreation  
7:45 PM Snack  
8:00 PM Campfire  
9:00 PM Devotions & Bed



*New Friends*



*Our Cabin Rocks*

## ABOUT CAMP DEL ORO

Camp Del Oro is a Salvation Army conference center nestled in the foothills of the Sierra Mountains beside Lake Vera, a 15 acre water recreation park. It has cabins, a lodge, a gymnasium, cafeteria, chapel, as well as sports fields and a swimming pool.

In the Summer, Camp Del Oro offers kids & teens six fun-filled days of recreational and educational programs in a wholesome Christian atmosphere that is safe and well-supervised. Combining beauty and adventure, Camp Del Oro is the perfect setting to learn about God's creation and respect the wonderful gift of nature that God has given us.

## WHAT ACTIVITIES WILL I DO?

Zip-line, climbing wall, archery, sports, hiking, gymnasium, arts and crafts, campfires & a carnival, just to name a few!

Teen campers will be able to explore nature and test their stamina with an all day hike!



## WATER SPORTS

Swim, kayak, paddle boat, canoe or try the 120 foot water slide!

Each camper will take a swimming test, and will be guided to develop their swimming and water-sport safety skills.

## LODGING

Cabins are assigned according to age. Though campers often want to be with those they know, at Camp Del Oro we strongly believe in the experience and benefit of making new friends! We find that the cabin groups bond quickly, despite coming from different regions or backgrounds. Campers are often quite sad to leave their new friends at the end of the week!

The beds are bunk style with foam mattresses. There 8 to 10 campers per cabin. Two staff members, a counselor and an assistant are assigned to each cabin. Each cabin group has a lead counselor for additional oversight and assistance.

**THE SALVATION ARMY**  
DEL ORO CAMP & CONFERENCE CENTER  
20864 RECTOR RD. NEVADA CITY CA 95959



## WHAT TO BRING

Bring only clothes considered “play clothes” as you will probably get dirty. There is no laundry, so pack enough clothes for 7 days. Campers are encouraged to keep track of belongings, but sometimes items are lost. Please keep this in consideration as you pack.

## WHAT NOT TO BRING

Do not bring new or expensive clothing, cell phones, tablets/video games, skateboards/scooters, jewelry, money, food or candy of any kind.

POSSESSION OF THE FOLLOWING WILL RESULT IN IMMEDIATE DISMISSAL: tobacco, drugs, alcohol, weapons of any kind, including Swiss army knives, fireworks, matches or lighters.

## WHAT WILL I EAT?

Expect some delicious food! The week's menu includes pizza, tacos, burritos, teriyaki chicken, grilled cheese sandwiches and spaghetti, as well as a BBQ with hot dogs & hamburgers!

Camp Del Oro is part of the USDA Summer food service program. Our meals are well balanced & milk is served at each meal. If any camper has food allergies our health care staff will keep in close contact with our food service staff to ensure that camper receives food suited to their needs.

## HEALTH AND SAFETY

Safety is paramount during counselor & staff training. We have a 24 hour nurse on staff, with a doctor on call, and emergency medical care only minutes away. In the event of illness or injury parents will be notified by phone immediately.

Campers must be active, so its important everyone is in good health. Anyone with a communicable disease, fever, or injury under a physician care, will be sent home. All medications must be presented, **in their original container**, to the nurse at check in, with no parental modifications. If a child takes medications for ADD or ADHD, the American Camping Assoc., and Camp Del Oro, strongly recommends continuing to take the medication, as campers are required to concentrate and demonstrate impulse control.

If your camper must leave early we will only release them to the parent/guardian who signed the application. Identification and signed release will be required. If a child is sent home due to illness or behavioral issue, the parent/guardian is responsible to pick them up, and the child will wait comfortably in the nurse's office until they arrive.



## COMMUNICATION WITH YOUR CAMPER

It is camp policy to discourage phone calls during the week as they work against adjustment to camp life. Instead, pack a note in their bag or mail a letter or a care-package a few days in advance so it will arrive during camp (no food).

You are also able to call our office to check in on your camper & your child's camp counselor will call you back with a detailed report.

## PACKING LIST

Campers are encouraged to label belongings & pack everything in 1 bag.

- ☐ T-shirts (6)
- ☐ Shorts & Jeans (6)
- ☐ Socks (6)
- ☐ Underwear (6)
- ☐ Pajamas (2)
- ☐ Swimsuit (one-piece)
- ☐ Flip-flops or Sandals
- ☐ Sweatshirt
- ☐ Tennis or Hiking Shoes
- ☐ Sleeping Bag/Bedding
- ☐ Pillow
- ☐ Towels (2)
- ☐ Soap & Shampoo
- ☐ Toothbrush & Paste
- ☐ Mosquito Repellent
- ☐ Hat & Sun Screen



## QUESTIONS?

CALL CAMP DEL ORO - 530-264-4700  
OR VISIT [campdeloro.org](http://campdeloro.org)